



2018 SPORTS PROGRAM YEARS 7-9

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INTRODUCTION

The GCC Sports program in 2018 will again strive to continually meet the growing needs of our students. We will encourage all students to participate in sport and recreation during the school year as well as provide competitive opportunities for those students that aspire to compete at a higher level.

GCC will continue to enter into several competitions that include larger secondary schools from our wider community. These competitions include the Sunshine Coast Independent School Sports Association (SCISSA), Kawana Cup Touch Football and Sunshine Coast Schools Netball competition. These after school competitions are as follows:

SPORT 2018 SUMMARY

Term 1

SCISSA Volleyball (years 7-10) – Wednesday after school.

SCISSA Senior Soccer (years 10-12) – Wednesday after school.

Kawana Cup Touch Football (years 6-8) – Wednesday after school.

Sunshine Coast Secondary Schools Netball Competition (years 7-12) – Monday after school.

Term 2

SCISSA Senior Volleyball (years 10-12) – Wednesdays after school.

SCISSA Tennis (years 7-12) – Wednesdays after school.

SCISSA Rugby 7s (years 7-12) – Wednesday after school.

Kawana Cup Touch Football (years 6-8) – Wednesday after school.

Sunshine Coast Secondary Schools Netball Competition (years 7-12) – Monday after school.

Term 3

SCISSA Touch Football (years 7-12) – Wednesdays after school.

Sunshine Coast Secondary Schools Basketball Competition – Fridays after school

Term 4

SCISSA Soccer (years 7-10) – Wednesdays after school.

Sunshine Coast Secondary Schools Basketball Competition – Fridays after school

The Friday Middle School sports program will take place on Friday's for years 7 to 9. These students will have the chance to nominate for a variety of activities. Sessions will involve:

- Training for after school sports and clinics
- Regular competition against Suncoast Christian College, Nambour Christian College and Beerwah SHS.
- Outdoor recreational activities and leisure pursuits.

Please find a summary of all sporting opportunities, overview of the 7 to 9 sports, activities, and training programs for 2018 below.

If you have any questions regarding sport this year please contact Matthew Beattie via email on matthew.beattie@glasshouse.qld.edu.au

DURING SCHOOL TIME

GCC School Carnivals

- Term 1, Week 2 - Swimming Carnival
- Term 2, Week 1 - Cross Country Carnival
- Term 3, Week 1 – Athletics Carnival

Students will be selected from district and regional competitions for the above to represent at state level.

Lunchtime House Competitions

- one per semester run by Sports Captains and House captains

Gala days and one-off tournaments

- AFL
- Soccer
- Oztag
- Touch Football
- Netball
- Cricket
- Table Tennis
- Triathlon

Friday Middle School Sport (years 7-9 only)

Competition between Suncoast Christian College, Nambour Christian College and Beerwah SHS will take place during the cooler months of Terms 2 and 3. These competitions will involve students competing within their year level across mostly traditional sports such as Basketball, Volleyball, Netball, Cricket, Touch Football, Ultimate Frisbee, Soccer and Rugby 7s.

During Terms 1 and 4 recreational activities will be offered as well as inter house sports competitions. This time will also be utilised for training sessions by GCC after school sports teams.

Week 1, students will nominate their top three preferences from the list below. Ten of the most popular activities will go ahead along with training sessions for sports teams. Some of these activities incur a cost to the student. From the list below Aqua fun and Mountain Biking will incur a charge of \$60 per student.

Aqua Fun Park – Cable Ski and SUP

| | |
|-----------------|-----------------------|
| Ten Pin Bowling | Kayaking |
| Table Tennis | Volleyball |
| Mountain Biking | Swimming Training |
| Snorkelling | Surfing |
| Beach Games | Cross Country Running |
| Gym & Fitness | Netball |

After School Sport

District, Regional and State Representative Level Sports

At various times throughout the year students have the opportunity to progress through a series of district, regional, state and national representative level for a wide variety of sports:

| | |
|-----------------|--------------|
| Volleyball | Touch |
| Netball | Basketball |
| Rugby Union | Soccer |
| Surfing | Tennis |
| Softball | Baseball |
| Cricket | Rugby League |
| Hockey | AFL |
| Golf | Water Polo |
| Mountain Biking | |

Dates for these trials will be published on the school website as well as the daily school notices.

After School Sports competitions

SCISSA – Volleyball, Tennis, Rugby 7s, Touch Football and Soccer.

Kawana Cup Secondary Schools Touch Football

Sunshine Coast Secondary Schools Basketball

Sunshine Coast Secondary Schools Netball

Soccer – Bill Turner Cup

Trish Buckley Volleyball Tournament

Secondary Indoor Netball Championship

Netball – Vicki Wilson Cup

Volleyball – Junior & Senior Schools Cup (Brisbane)